




TARA YOUNG

CHOREOGRAPHY / MOVEMENT
DIRECTION



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PREVIOUS WORK INCLUDES

As Choreographer/Movement dir.

SWEENEY TODD | Choreographer | Dir. Alan Pearson | Mountview 2025

AMERICAN IDIOT | Choreographer | Dir. Myles Brown | Urdang 2025

FRENCH TOAST | Movement Director | Dir. Marianne Badrichani | Riverside Studios 2024

BIG FISH | Choreographer | Dir. Oliver Lindert | Mountview 2024

SLEEPING BEAUTY PANTOMIME | Choreographer and ass. Director | Norwich theatre royal 2023

I REALLY DO THINK THIS WILL CHANGE YOUR LIFE | Movement Director | Dir. Hetty Hodgson | Mercury theatre 2023

EARTHQUAKES IN LONDON | Movement Director | Dir. Barry Fitzgerald | Mountview 2023

THE FOREIGNER'S PANTO | Movement Director | Dir. Shani Erez | BOLD theatre 2023

RUN | Movement Director | Dir. Denzal Wesley Anderson | Stratford Royal East theatre 2023

THE SUIT | Movement Director | Working title Films (for LSA academy) 2023

THERE'S NO PLACE LIKE HOME | Choreographer | Dir. Max Bex Roberts | Lyric theatre 2022

LOVE LETTERS | Movement Director | Dir. Douglas Rintoul | Queen's Theatre Hornchurch 2021

As Associate/Resident /Assistant

CBEEBIES BBC PROMS | Movement assistant | Director Shelly Maxwell | Royal Albert hall 2025

EVERYBODY'S TALKING ABOUT JAMIE | Resident Director & Choreographer | Dir Johnathon Butterrell | Apollo theatre 2019 & 2020

STARTER FOR TEN WORKSHOP | Associate Choreographer | Chor. Shelly Maxwell 2023

THE BOY WHO HARNESSSED THE WIND WORKSHOP | Associate choreographer | Chor. Shelly Maxwell 2024

KING RALPH | Associate choreographer and director | Dir. Sarah "O" Glebey | Workshop of new musical ATG | 2023

THE GOOD PERSON OF SZECHWAN | Associate Movement Director | Dir. Anthony Lau | Sheffield Crucible & Hammersmith Lyric theatres 2023

CHESS IN CONCERT | Assistant director & Choreographer | Dir. Nick Winston | Drury Lane 2022